



## Health History Form

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

Highest Grade Finished: \_\_\_\_\_ Ethnicity (please circle): African American Caucasian  
 Hispanic Asian American Native American Ashkenazi Jewish Other: \_\_\_\_\_

Religion (please circle): Christian Baptist Latter-day Saints Catholic Lutheran Mormonism Judaism  
 Islam Buddhism Hinduism Muslim Non-Religious Atheist

Do you exercise? Yes No If yes, what type of exercise? \_\_\_\_\_

Have you ever been sexually active? Yes No Are you currently sexually active? Yes No

Partners: Male Female Both Do you practice safe sex? Yes No

What type of contraception do you use: \_\_\_\_\_

Do you smoke? Yes No Do you drink alcohol? Yes No Do you use Medical Marijuana? Yes No

Have you ever used any type of illegal drugs? Yes No Type: \_\_\_\_\_

Do you wear your seatbelt: Yes No Do you feel safe at home: Yes No

Do you have Advance Directives: Yes No Do you want information about Advance Directives: Yes No

Have you recently had the following vaccines: HPV/Gardasil Flu Pneumonia Shingles Tetanus

### Your Personal History (please check all that pertain):

Asthma/Lung Disease	Diabetes	Fracture	Sexual Issues
Bleeding Disorders	Gallstones	Kidney Disease	Thyroid Disease
Breast Cancer	Genital Herpes	Liver Disease	Urinary Issues
Cervical Cancer	Heart Disease	Lupus/Autoimmune	Uterine Cancer
Colon Cancer	Hematological Disease	Ovarian Cancer	
Depression/Mental Disease	High Blood Pressure	Pelvic Infection/STD	

### Family History (list family member):

Alcohol/Drug Abuse \_\_\_\_\_; Bleeding/Blood Clots \_\_\_\_\_;  
 Breast Cancer \_\_\_\_\_; BRCA Mutation; Cancer Syndrome \_\_\_\_\_;  
 Colon Cancer \_\_\_\_\_; Diabetes \_\_\_\_\_;  
 Heart Disease \_\_\_\_\_; Ovarian Cancer \_\_\_\_\_;  
 Other \_\_\_\_\_

### Menstrual History:

Menstrual History: Age of first period \_\_\_\_\_ Regular? Yes No Cycle length \_\_\_\_\_

# of bleeding days \_\_\_\_\_

First day of last menstrual period \_\_\_\_\_

# of Pregnancies Total \_\_\_\_\_ # Live Births \_\_\_\_\_ # Miscarriages \_\_\_\_\_

Date of last pap smear \_\_\_\_\_ History of abnormal pap smear: Yes No

Treatment for abnormal pap smear: \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Pharmacy: \_\_\_\_\_

### Allergies

Medication Allergy & Reaction	Food Allergy & Reaction	Environmental Allergy & Reaction

### Prescription Medications (including Medical Marijuana)

Medication Name	Dose	Frequency	How long have you taken?	Prescriber

### Over-The-Counter Medications (include all pills, liquids, topical creams, etc)

Medication	How often	Used for?

### Surgical History

Date	Type