



Health History Form - Male

Name: _____ DOB: _____ Age: _____

Marital Status: _____ Occupation: _____

Highest Grade Finished: _____ Ethnicity (please circle): African American Caucasian
 Hispanic Asian American Native American Ashkenazi Jewish Other: _____

Religion (please circle): Christian Baptist Latter-day Saints Catholic Lutheran Mormonism Judaism
 Islam Buddhism Hinduism Muslim Non-Religious Atheist

Do you exercise? Yes No If yes, what type of exercise? _____

Do you smoke? Yes No Do you drink alcohol? Yes No Do you use Medical Marijuana? Yes No

Have you ever used any type of illegal drugs? Yes No Type: _____

Do you wear your seatbelt: Yes No Do you feel safe at home: Yes No

Do you have Advance Directives: Yes No Do you want information about Advance Directives: Yes No

Have you recently had the following vaccines: HPV/Gardasil Flu Pneumonia Shingles Tetanus

Your Personal History (please check all that pertain):

Asthma/Lung Disease	Diabetes	Fracture	Sexual Issues
Bleeding Disorders	Gallstones	Kidney Disease	Thyroid Disease
Breast Cancer	Genital Herpes	Liver Disease	Urinary Issues
Cervical Cancer	Heart Disease	Lupus/Autoimmune	Uterine Cancer
Colon Cancer	Hematological Disease	Ovarian Cancer	
Depression/Mental Disease	High Blood Pressure	Pelvic Infection/STD	

Family History (list family member):

Alcohol/Drug Abuse _____	Bleeding/Blood Clots _____
Breast Cancer _____	BRCA Mutation; Cancer Syndrome _____
Colon Cancer _____	Diabetes _____
Heart Disease _____	Ovarian Cancer _____
Other _____	

Name: _____ Date: _____

Name of Pharmacy: _____

Allergies

Medication Allergy & Reaction	Food Allergy & Reaction	Environmental Allergy & Reaction

Prescription Medications (including Medical Marijuana)

Medication Name	Dose	Frequency	How long have you taken?	Prescriber

Over-The-Counter Medications (include all pills, liquids, topical creams, etc)

Medication	How often	Used for?

Surgical History

Date	Type



BHRT Checklist For Men

Name: _____

Date: _____

E-Mail: _____

HT: _____ WT: _____ BMI: _____

Symptom (please check mark)

Never Mild Moderate Severe

Decline in general well being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Joint pain/muscle ache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive sweating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Increased need for sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nervousness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depressed mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exhaustion/lacking vitality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Declining Mental Ability/Focus/Concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling you have passed your peak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling burned out/hit rock bottom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased muscle strength	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight Gain/Belly Fat/Inability to Lose Weight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breast Development	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shrinking Testicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rapid Hair Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decrease in beard growth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
New Migraine Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased desire/libido	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased morning erections	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Decreased ability to perform sexually	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Infrequent or Absent Ejaculations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
No Results from E.D. Medications	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Family History

Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alzheimer's Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>